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# An electrochemical sensor based on MnO<sub>2</sub> nanostructures modified reduced graphene oxide (rGO) for detection of dopamine

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This study was performed to fabricate the electrochemical dopamine sensor based on MnO<sub>2</sub> nanostructures modified reduced graphene oxide (MnO<sub>2</sub>/rGO) electrode in the pharmaceutical sample. The GO nanosheets were synthesized using modified Hummers technique for modification of the glassy carbon electrode (GCE), and then reduced using the electrochemical technique. MnO<sub>2</sub> nanostructures were electrochemically deposited on rGO/GCE. The structural characterization using SEM and XRD showed the vertical growth of tetragonal crystalline of α-MnO<sub>2</sub>nanoplates on crumpled rGO nanosheets. The electrochemical studies using CV, and DPV indicated to higher electroactive surface area of MnO<sub>2</sub>/rGO/GCE and its higher sensitivity to the determination of dopamine than that on GCE, rGO/GCE and MnO<sub>2</sub>/GCE because of the synergetic effect of rGO nanosheets and high porous and sharp tips of MnO2 nanoplates. The amperometric studies showed that the sensitivity, detection limit and linear range of MnO<sub>2</sub>/rGO/GCE were obtained at 0.28808µA/µM, 0.002 µM and 0 to 1100 µM, respectively. The interference effect on the determination of dopamine showed the great selectivity of MnO<sub>2</sub>/rGO/GCE using the amperometry technique at 0.11V. The practical feasibility of MnO<sub>2</sub>/rGO/GCE as a dopamine sensor was evaluated in dopamine hydrochloride injection as a pharmaceutical product and results showed the good agreements between the electrochemical analysis and clinical laboratory data. Finally, the acceptable values of recovery (> 98.2%) and relative standard derivation (<3.91%) of the analytical analysis showed that the proposed dopamine sensor can be used as a precise and reliable sensor in complicated pharmaceutical samples.

**Keywords:** Dopamine; Electrochemical Sensor; MnO<sub>2</sub> nanoplates; Reduced Graphene oxide; Amperometry

# **1. INTRODUCTION**

Alzheimer's disease is an irreversible and progressive neurologic disorder that leads to the death of brain cells and shrinkage of different areas of the brain. As consequence, it causes dementia, memory loss and cognitive decline [1, 2]. In Alzheimer's disease, dementia symptoms are usually appeared slowly and progressively worsen over time [3]. In its early stages, memory problems are typically one of the first signs of Alzheimer's disease [4, 5]. In late-stage Alzheimer's, decline in thinking, behavioral and social skills that affect a person's ability to function independently and individuals lose the ability to carry on a conversation and respond to their environment [6, 7]. This disease is the sixth-leading cause of death in the United States and the fifth-leading cause of death among that age 65 and older [8, 9].

There's no cure for Alzheimer's, but one treatment may potentially delay decline from the disease, and there are drug and non-drug options that may help treat. Medications called cholinesterase inhibitors are prescribed for mild to moderate Alzheimer's disease [10, 11]. These drugs may help reduce some symptoms and help control some behavioral symptoms. Recent studies showed low dopamine levels may mean an increased risk of Alzheimer's disease. The drug which acts on dopamine transmission in the brain improves frontal cognitive function in patients with mild-to-moderate Alzheimer's disease [12, 13].

Dopamine (4-(2-aminoethyl)benzene-1,2-diol) as an organic chemical catecholamine and phenethylamine families is a neurotransmitter that plays several important roles in the brain and body [14]. Dopamine constitutes about 80% of the catecholamine content in the brain. Researchers have found that loss of dopamine may be part of the reason why people with Alzheimer's disease have less effective memories [15]. Highly sensitive MRI scans showed a potential link between dopamine and a part of the brain that may impact the future of Alzheimer's diagnosis. The dopamine found in the ventral tegmental area (VTA) is a chemical that plays a role in reward-motivated behavior, and helps to control movement and form new memories. De Marco and Venneri [16] studied VTA and how it's linked to the hippocampus which is a key part of the brain that helps create memories. Their results showed that there was a link between the size and functionality of the dopamine-rich VTA, the size of the hippocampus, and the ability to learn new information. The smaller size of the VTA meant a smaller amount of dopamine going to the hippocampus which resulted in decreased memory performance [17].

Accordingly, determination of dopamine levels in blood, urine and medicinal drugs is important, and many researchers have been conducted on synthesis, identify and determination of dopamine levels in biological media and pharmaceutical samples using fluorimetry, fluorescence spectroscopy, mass spectrometry, flame emission spectrophotometry, chemiluminometry, atomic absorption, high-pressure liquid chromatography, spectrofluorimetry and electrochemistry techniques [18-21]. Fabrication of high reproducible and selective sensors is necessary due to low level of dopamine in biological samples and the presence of different substances [22, 23]. Many detecting techniques of dopamine lack the stability of selectivity. Therefore, this study was performed to fabrication the selective and low detection limit electrochemical dopamine sensor based on  $MnO_2$  nanostructures modified reduced graphene oxide electrode in the pharmaceutical sample.

# 2. EXPERIMENTAL

#### 2.1 Synthesis of nanostructured modified electrodes

Prior to the experiments, the GCE (3 mm, Tianjin Aida Hengsheng Technology Development Co., Ltd., China) was successively polished on micro cloth pads using  $0.30\mu$ m and  $0.05\mu$ m alumina powder and washed carefully with ethanol and distilled water, respectively. Subsequently, it was immersed in a mixture of 1M H<sub>2</sub>SO<sub>4</sub> (98%, Huaqiang Chemical Group Stock Co., Ltd., China) and H<sub>2</sub>O<sub>2</sub> (30%, Merck, Germany) in a volume ratio of 1:3 for 10 minutes, and rinsed with distilled water, and dried in air.

GO was synthesized using modified Hummers method [24, 25]. 10g of graphite powder (99%, Topfly Material Co., Ltd., China) was incorporated into the of 250 mL sulfuric acid (99%, Merck, Germany) in ice bath for 30 minutes, followed by the addition of 30g KMnO<sub>4</sub> ( $\geq$ 99.0%, Merck, Germany) and 300 mL distilled water under magnetic-stirring for 100 minutes at 33°C. The resulted product was set for 4 days. Next, 400mL distilled water and 25mL H<sub>2</sub>O<sub>2</sub> were ultrasonically added to the suspension. After 60 minutes of ultrasonication treatment, the obtained mixture was filtered and ultrasonically washed using 1M HCl (37%, Sigma-Aldrich) solution and distilled water, respectively. After then, the obtained suspension was centrifuged at 1000rpm for 20 minutes and dried in an oven for 24 hours at 75°C.

For the preparation of rGO/GCE, 20 mg of the obtained GO was ultrasonically exfoliated in 20 mL distilled water for 60 minutes. The main oxygen-containing functional groups are distributed on GO nanosheets [26]. 10  $\mu$ L of GO the suspension was dropped onto the GCE surface and dried at room temperature for 2 hours. The electrochemical reduction of the GO nanosheet on GCE was carried out in a potentiostat using an electrochemical cell with a standard three-electrodes cell which contained the prepared sample, Ag/AgCl(3MKCl) and Pt plate as working, reference and auxiliary electrodes, respectively [27]. The GO/GCE was cycled thrice between a potential ranges from -0.85 V to 0.75 V at scan rate of 20 mV/s in 0.1 phosphate buffer solution (PBS) pH 3.0.

The rGO/GCE and GCE surfaces were modified with  $MnO_2$  nanostructures through the electrodeposition process [28]. Electrodeposition was conducted on Autolab with potentiostat under the potential of -0.1 to 0.6 V at a scan rate of 15mV/s for 12 minutes at room temperature. The electrodeposition electrolyte was prepared from a mixture of 0.5 M KMnO<sub>4</sub> and 2 mM NaNO<sub>2</sub> ( $\geq$ 97.0%, Merck, Germany) aquatic solutions in equal volume ratio and the pH were adjusted to 2 using concentrated HCl.

#### 2.2 Structural and electrochemical analyses methods

CV, DPV and amperometry experiments were carried out using the Autolab with potentiostat in 0.1 M PBS pH 7 which prepared from a mixture of  $0.1M \text{ Na}_2\text{HPO}_4$  ( $\geq 99.0\%$ , Merck, Germany) and  $0.1M \text{ Na}_2\text{PO}_4$  (99%, Merck, Germany) in equal ratio. In order to prepare the real sample,

dopamine hydrochloride injection (40mg/mL) was used as a pharmaceutical real sample. Dopamine hydrochloride injection was provided from the local pharmacy and added to 0.1 M PBS in an equal volume ratio. The sample was kept in a refrigerator at 5°C for electrochemical studies.

Structural characterization of prepared nanomaterial was performed using scanning electron microscopy (SEM, SUPR40, Carl Zeiss AG, Oberkochen, Germany) and X-ray diffraction (XRD; D5005, Siemens AG, Munich, Germany) with 1.5404 Å (Cu Kα).

## **3. RESULTS AND DISCUSSION**

#### 3.1 Structural and morphological studies

Figure 1 presents the SEM image of the electrodeposited MnO<sub>2</sub> NRs on smooth surface of GCE. As observed from Figure 1a, the tetragonal nanorods with average lengths of 700nm and average diameter of 50nm were deposited on electrode surface. Notwithstanding the initial nucleation of nanorods is in uniform distribution, agglomeration can be observed in some cases which may be related to the growth of the nanorods upon one another at repeated cycles during electrodeposition process [29]. Figure 1b shows the surface of rGO/GCE that the rGO is synthesized in a typical crumpled and wrinkled nanosheet structure. The electrochemical reduction could remove most of the oxygen groups and sp<sup>3</sup> carbon to the formation of rGO because of the increase of  $\pi$ - $\pi$  interaction between rGO nanosheets [30]. The morphology of MnO<sub>2</sub>/rGO/GCE in Figure 1c displays the vertical growth of MnO<sub>2</sub>nanoplates on agglomerated crumpled rGO nanosheets which surrounded the MnO<sub>2</sub> nanostructures. It is observed that the electrodeposition of MnO<sub>2</sub> nanostructures on the surface of rGO nanosheets to some extent prevents the stacking of rGO sheets because of van der Waals interactions, resulting in a large electroactive area on the GCE surface and rich porous structure for transferring reactants and products [31]. Moreover, the high porous and sharp tips of MnO<sub>2</sub> nanoplates on rGO nanosheets could provide the high surface-to-volume ratio and numerous of electro-active sites and hot spots which effectively adsorb and interact with the analyte in an electrochemical cell and favorable for electrochemical sensing [32].



Figure 1. SEM image of (a) MnO<sub>2</sub>/GCE, (b) rGO/GCE and (c) MnO<sub>2</sub>/rGO/GCE.



Figure 2. XRD patterns of powder of (a) GO,(b) rGO, (c) MnO<sub>2</sub> and (d) MnO<sub>2</sub>/rGO.

Figure 2a depicts the XRD pattern of prepared GO with a sharp peak of (001) plane at 11.45°. The XRD pattern of rGO in Figure 2b shows a broad diffraction peak of graphite (002) at 24.42° that it indicating that most of the oxygen functional groups in GO have been removed, and GO is deeply reduced into rGO [33, 34]. Figure 2c shows the XRD pattern of powder of electrodeposited MnO<sub>2</sub> nanostructures, indicating the strong diffraction peaks at 12.98°, 18.27°, 28.81°, 37.82°, 42.12°, 50.02°, 56.21°, 60.46°, 65.42°, 69.55°, and 73.65° which perfectly corresponding to formation of tetragonal crystalline of  $\alpha$ -MnO<sub>2</sub> with (110), (200), (310), (211), (301), (411), (600), (521), (541), (222), and (730) planes (JSPDF Card No. 44-0141), respectively. The XRD pattern of MnO<sub>2</sub>/rGO in Figure 2d shows all diffraction peaks of MnO<sub>2</sub> and rGO which indicated to electrodeposition of MnO<sub>2</sub> nanostructures on rGO and maintain their crystalline structures.

### 3.2 Electrochemical studies

Figure 3 displays the CV curves of GCE, rGO/GCE, MnO<sub>2</sub>/GCE and MnO<sub>2</sub>/rGO/GCE in 0.1 M PBS pH 7.0 containing 1 mM [Fe(CN)<sub>6</sub>]<sup>3-/4-</sup> as the redox probe in equal volume ratioat 10mV/s scan rate. As seen, CV curves show the pair of redox peaks with peak potential separation ( $\Delta Ep = |(Ep, c - Ep, a)|$ ) of 0.09, 0.19, 0.12 and 0.09 V for GCE, rGO/GCE, MnO<sub>2</sub>/GCE and MnO<sub>2</sub>/rGO/GCE, respectively. As observed, the weak peaks and wide  $\Delta Ep$  is observed for GCE, indicating the modification the GCE surface with the rGO and MnO<sub>2</sub> nanostructures enhanced the peak currents and decrease the  $\Delta Ep$  values. In addition, it is observed that rGO role in enhancing the electrochemical current due to its high electrical conductivity with high electron mobility [35]. The rGO contains the abundant surface groups and residual sp<sup>3</sup> bonded carbon to oxygen, which improve the move of charge carriers by the hopping and produces a faster electron-transfer rate and a greater effective surface area than MnO<sub>2</sub> nanostructures [35, 36]. The higher peak current and lower  $\Delta Ep$  are observed for

MnO<sub>2</sub>/rGO/GCE that it is corresponding to the synergetic effect of rGO nanosheets and high porous and sharp tips of MnO<sub>2</sub> nanostructures [37]. Moreover, the effective surface area of electrodes is estimated using the Randles–Sevcik equation [38]:

$$I_p = 2.69 \times 10^5 \text{ n}^{3/2} \text{ A } D^{1/2} \text{ c } v^{1/2}$$
 (1)

Where  $I_p$  (A) is the peak current of the CV; n is the electron transfer number in the redox process (n=1); *D* is the diffusion coefficient of Fe(CN)<sub>6</sub><sup>3-/4-</sup> (7.6 × 10<sup>-6</sup> cm<sup>2</sup>/s); *A* is the electroactive surface area of electrode; *c* is the redox probe concentration and v is the scan rate. Accordingly, the effective surface area of the bare GCE, rGO/GCE, MnO<sub>2</sub>/GCE and MnO<sub>2</sub>/rGO/GCE are obtained 0.093cm<sup>2</sup>, 0.140cm<sup>2</sup>, 0.148cm<sup>2</sup>, and 0.173cm<sup>2</sup>, respectively. Therefore, results illustrate to the higher electroactive surface area of MnO<sub>2</sub>/rGO/GCE due to the high surface-to-volume ratio and numerous electro-active sites which is in agreement with the SEM results.



**Figure 3.** CV curves of GCE, rGO/GCE, MnO<sub>2</sub>/GCE and MnO<sub>2</sub>/rGO/GCE in 0.1M PBS containing 1mM [Fe(CN)<sub>6</sub>]<sup>3-/4</sup> in equal volume ratioat 10mV/s scan rate.

Figure 4 shows the CV curves of all electrodes in 0.1M PBS at 20mV/s scan rate with and without 5  $\mu$ M dopamine. As seen from Figure 4a, there are not any redox peaks for GCE and rGO/GCE but the CV curves of MnO<sub>2</sub> /GCE and MnO<sub>2</sub>/rGO/GCE show the anodic peaks at 0.46V and 0.36V that it is attributed to oxidation of Mn<sup>2+</sup> to MnO<sub>2</sub>, and the cathodic peaks at 0.24V and 0.22V that it is related to the reduction of MnO<sub>2</sub> to Mn<sup>2+</sup> [39, 40], respectively. When MnO<sub>2</sub> nanostructures are electrodeposited on rGO/GCE, the redox peaks of MnO<sub>2</sub> negatively shifts with a considerably increased peak current which can be associated with ultrathin-film nanoporous membranes of rGOnanosheets on GCE surface [41, 42]. The electrochemical response of electrodes to

the addition of  $5\mu$ M dopamine is shown in Figure 4b. As observed, there are oxidation peaks at 0.24, 0.20, 0.14 and 0.11V with insufficient peak current for GCE and peak current of 0.50, 0.52 and 1.42 $\mu$ A due to electrochemical oxidation of dopamine on rGO/GCE, MnO<sub>2</sub>/GCE and MnO<sub>2</sub>/rGO/GCE, respectively.



**Figure 4**. CV curves of GCE, rGO/GCE, MnO<sub>2</sub>/GCE and MnO<sub>2</sub>/rGO/GCE in 0.1PBS at 20mV/s scan rate (a) without and (b) with 5 μM dopamine.



Figure 5. DPV curves of  $MnO_2/rGO/GCE$  before and after addition of 5, 10 and 15  $\mu$ M dopamine solutions in 0.1M PBS at 20mV/s scan rate.

Moreover, the redox peaks of  $MnO_2$  were also observed for both  $MnO_2/GCE$  and  $MnO_2/rGO/GCE$ . The  $MnO_2/rGO/GCE$  shows a higher current and lower potential than that other electrodes, and further electrochemical studies to the determination of dopamine were conducted on

 $MnO_2/rGO/GCE$ . Figure 5 displays the DPV curves of  $MnO_2/rGO/GCE$  before and after the addition of 5, 10 and 15  $\mu$ M dopamine solutions in 0.1M PBS at a 20mV/s scan rate. It shows that the oxidation peak at 0.11V is linearly increased with increasing the dopamine concentration, and the anodic peak of  $MnO_2$  at 0.36V does not change. Therefore, the potential of 0.11V is considered as the oxidation potential of dopamine on  $MnO_2/rGO/GCE$ .



**Figure 6.** (a) Amperometry response and (b) obtained calibration plot of MnO<sub>2</sub>/rGO/GCE in successive addition of dopamine in 0.1M PBS pH 7.0 at 0.11V with rotation speed of 1000rpm.

Table	1.	Comparison	between	the	performances	of	MnO <sub>2</sub> /rGO/GCE	and	other	reported	graphene
	ba	sed dopamine	e sensors.								

Electrode	Linear range	Detection	Ref.
	(µM)	Limit (µM)	
poly(o-phenylenediamine)/rGO	10-800	7.5	[43]
Exfoliated flexible graphite paper	0.5-35	0.01	[44]
Graphene flowers/Carbon fiber	0.7-45.21	0.5	[45]
Overoxidizedpolyimidazole/GO	12-278	0.63	[46]
Ionic liquid functionalized graphene/GCE	5-275	0.812	[47]
Pt NPs/rGO	10-170	0.25	[48]
NH <sub>2</sub> -Fe <sub>3</sub> O <sub>4</sub> @ graphene sheets	0.2-38	0.126	[49]
rGO	0.5-60	0.5	[50]
Pd NPs/graphene/chitosan/GCE	0.5-200	0.1	[51]
Graphenenanosheets/Carbon paste electrode	2-1000	0.85	[52]
polypyrrole/rGO core-shell	0.06-8	0.006	[53]
Graphene modified electrode	2.5-100	0.5	[54]
Nitrogen doped graphene	0.5-170	0.25	[55]
Polyvinylpyrrolidone/Graphene	0.0005-1130	0.002	[56]
MnO <sub>2</sub> /rGO/GCE	10-1100	0.002	This work

Studies the concentration effect of dopamine on MnO<sub>2</sub>/rGO/GCE was conducted on amperometry technique in 0.1M PBS at 0.11V with the rotation speed of 1000rpm. Figure 6 displays the amperometry response and obtained calibration plot that reveals the linearly increasing the amperometric current with a concentration of dopamine in the range of 0 to 1100 $\mu$ M. Moreover, the limit of detection and sensitivity are obtained 0.002  $\mu$ M and 0.28808 $\mu$ A/ $\mu$ M, respectively. The obtained limit of detection for the dopamine is found to be lower than the normal physiological level in the human body, and it signifies to the capability of the proposed sensor in biological application [57]. Table 1 presents the comparison between the performances of MnO<sub>2</sub>/rGO/GCE and other reported graphene based dopamine sensors which indicated to lower detection limit and broad linear range of MnO<sub>2</sub>/rGO/GCE than other sensors because of combining the advantages of MnO<sub>2</sub> rod-like nanostructures with rGO nanosheets and resulted in a large effective surface area and high electrical conductivity [58, 59].

For study the interference effect on determination of dopamine, the electrocatalytic amperometric response of MnO<sub>2</sub>/rGO/GCE in 0.1 M PBS pH 7.0 at 0.11 V to addition 10  $\mu$ M of dopamine and 70  $\mu$ M of foreign species are shown in Table 2. Ascorbic acid is the most common substance that it has probability interference in physiological level (50 -70  $\mu$ M) [60, 61]. Table 2 displays the insignificant electrocatalytic currents of the modified electrode to the addition ascorbic acid and other foreign species, and remarkable response to additions of dopamine, which demonstrated the foreign species in Table 2 do not any interference effect on determination dopamine and great selectivity of MnO<sub>2</sub>/rGO/GCE using amperometry technique at 0.11 V.

substance	Added (µM)	Electrocatalytic current response (µA)	<b>RSD</b> (%)	
Dopamine	10	2.892	±0.017	
Ascorbic acid	70	0.201	±0.010	
Saccharose	70	0.090	$\pm 0.008$	
Glucose	70	0.071	±0.007	
Uric acid	70	0.108	±0.011	
Urea	70	0.069	±0.003	
$\mathrm{NH}_{4}^+$	70	0.089	±0.011	
$NO_3^-$	70	0.071	±0.007	
$SO_4^{-2}$	70	0.067	±0.005	
$CH_3CO_2^-$	70	0.103	±0.010	
PO <sub>4</sub> <sup>3-</sup>	70	0.088	±0.003	
$CO_{3}^{-2}$	70	0.097	±0.011	
Ca <sup>2+</sup>	70	0.110	±0.009	
Mg <sup>2+</sup>	70	0.076	±0.007	
Fe <sup>3+</sup>	70	0.080	±0.003	
Fe <sup>2+</sup>	70	0.077	±0.004	
Cu <sup>2+</sup>	70	0.080	±0.008	
K <sup>+</sup>	70	0.093	±0.003	

**Table 2.** The amperometric responses of MnO<sub>2</sub>/rGO/GCE in 0.1M PBS pH 7.0 at 0.11V for the addition of dopamine and foreign species

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The practical feasibility of MnO<sub>2</sub>/rGO/GCE as a dopamine sensor was evaluated in dopamine hydrochloride injection as a pharmaceutical product. Recognized concentrations of dopamine were pointed into the corresponding injection and amperometry measurements were carried out in 0.1M PBS pH 7.0 at 0.11V. Figure 7 indicates the obtained amperometric response and calibration plot which illustrated dopamine concentration in initial dopamine hydrochloride injection is 38.97 mg/mL that it shows good agreements between the electrochemical analysis and clinical laboratory data of dopamine hydrochloride injection (40 mg/mL). In addition, as observed in Table 3, the recovery (> 98.2%) and relative standard derivation (<3.91%) are acceptable. Therefore, the proposed dopamine sensor can be used as a precise and reliable sensor in complicated pharmaceutical samples.



**Figure 7.** (a) The amperometry measurements and (b) the calibration plot of MnO<sub>2</sub>/rGO/GCE in 0.1M PBS pH7.0 at 0.11V in successive additions 20 mg/mL dopamine solution.

Table 2. Analytical re	esults of analysis	real samples.
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Sample	Added (mg/mL)	Measured (mg/mL)	Recovery (%)	Relative standard derivation (%)
dopamine	20.0	19.8	99.0	2.51
hydrochloride	40.0	39.6	99.0	3.14
injection	60.0	58.9	98.2	3.33
	100.0	98.8	98.8	3.91

# 4. CONCLUSIONS

This study presented fabrication of the electrochemical dopamine sensor based on nanostructured MnO<sub>2</sub>/rGO/GCE in the pharmaceutical sample. The modified Hummers method was used for synthesis GO which modified GCE, and then reduced using the electrochemical method. Then, MnO<sub>2</sub> nanostructures were electrodeposited on rGO/GCE. Morphological and structural results showed the vertical growth of tetragonal crystalline of  $\alpha$ -MnO<sub>2</sub>nanoplates on crumpled rGO nanosheets. The results of electrochemical studies indicated that the linear range, detection limit and sensitivity of MnO<sub>2</sub>/rGO/GCE as dopamine sensor were obtained at 0 to 1100  $\mu$ M, 0.002  $\mu$ M and 0.28808 $\mu$ A/ $\mu$ M, respectively. Moreover, results indicated to the great selectivity and precise and reliable performance of MnO<sub>2</sub>/rGO/GCE as a dopamine sensor in complicated pharmaceutical samples.

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